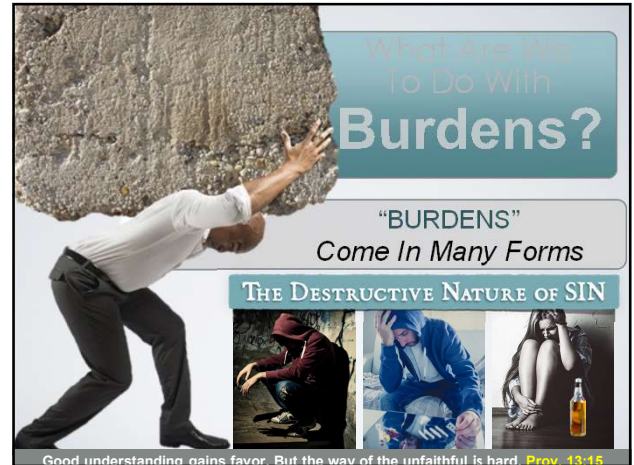


1 Pet. 5:7
 7 casting all your care upon Him, for He cares for you.


What Are We To Do With Burdens?




What Are We To Do With Burdens?

"BURDENS"
 Come In Many Forms

THE DESTRUCTIVE NATURE OF SIN



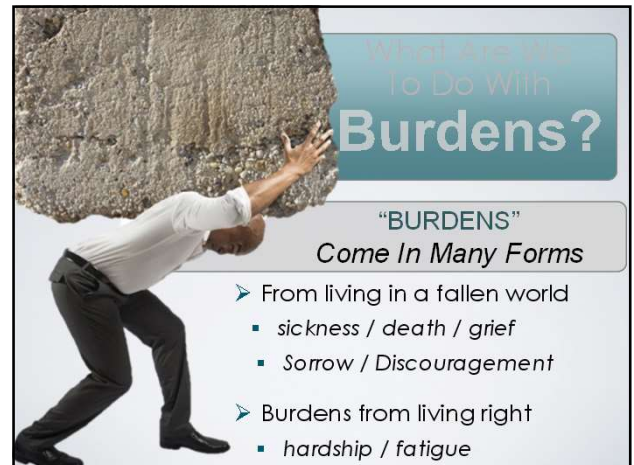
Good understanding gains favor. But the way of the unfaithful is hard. **Prov. 13:15**



What Are We To Do With Burdens?

"BURDENS"
 Come In Many Forms

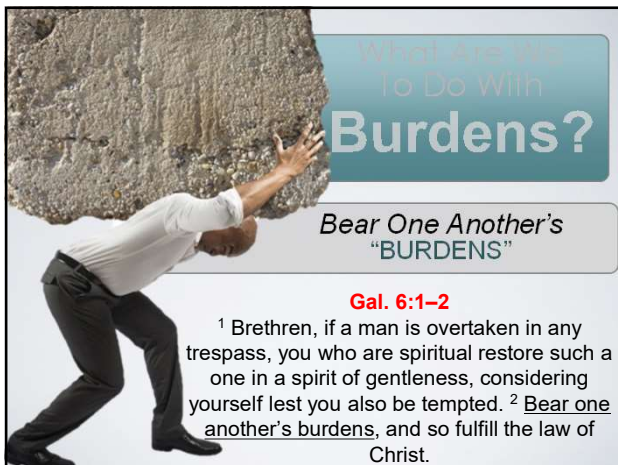
- Guilt / Sins Consequences
 - From our own sin
 - From other's sins
- Disappointments / Frustrations
 - Anxiety / Doubt



What Are We To Do With Burdens?

"BURDENS"
 Come In Many Forms

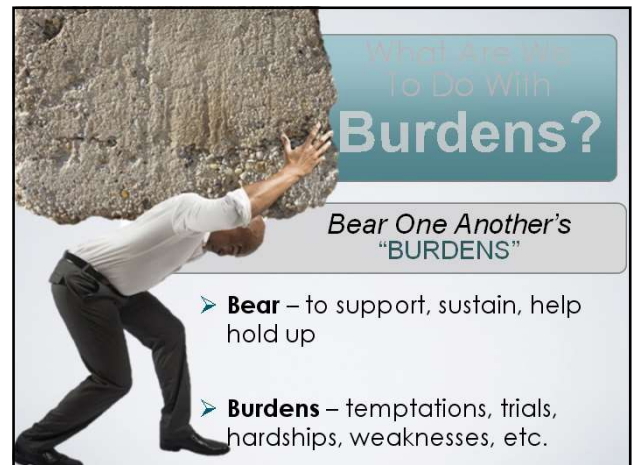
- From living in a fallen world
 - sickness / death / grief
 - Sorrow / Discouragement
- Burdens from living right
 - hardship / fatigue



What Are We To Do With Burdens?

Bear One Another's "BURDENS"

Gal. 6:1-2
 1 Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. 2 Bear one another's burdens, and so fulfill the law of Christ.



What Are We To Do With Burdens?

Bear One Another's "BURDENS"

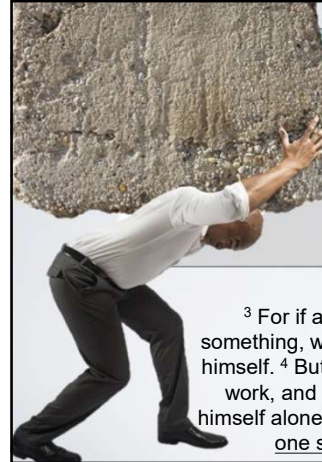
- **Bear** – to support, sustain, help hold up
- **Burdens** – temptations, trials, hardships, weaknesses, etc.



What Are We To Do With **Burdens?**

Bear One Another's "BURDENS"

- **Law of Christ** – the Gospel, a law of love, serving others instead of ourselves

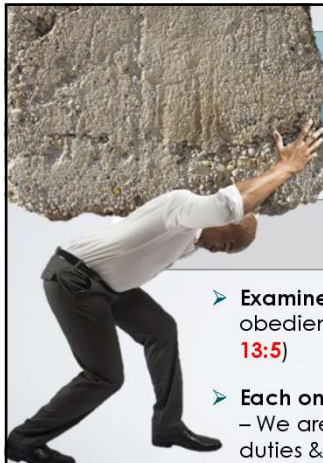


What Are We To Do With **Burdens?**

Bear Our Own "BURDENS"

Gal. 6:3-5

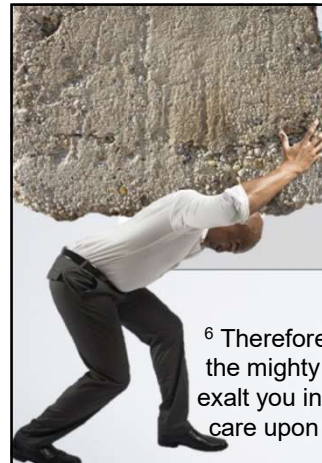
³ For if anyone thinks himself to be something, when he is nothing, he deceives himself. ⁴ But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. ⁵ For each one shall bear his own load.



What Are We To Do With **Burdens?**

Bear Our Own "BURDENS"

- **Examine own work** – Faith, obedience, work, worship (**2 Cor. 13:5**)
- **Each one shall bear his own burden** – We are responsible for our own duties & actions




What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

1 Pet. 5:6-7

⁶ Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, ⁷ casting all your care upon Him, for He cares for you.

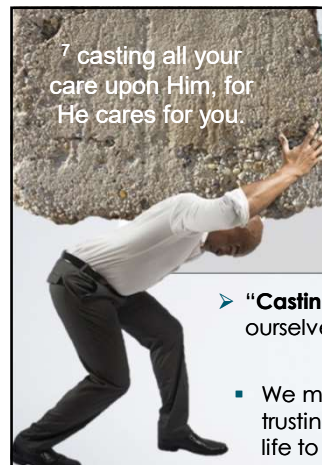


GOD RESISTS THE PROUD, BUT GIVES GRACE TO THE HUMBLE." Therefore humble yourselves under the mighty hand of God that He may exalt you in due time.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

- **Not a promise that God will FIX all our troubles and problems like we want Him to** – (**Rom. 8:28**)
- **God will provide what is needed to sustain us IF we submit to Him** – (**1 Pet 5:5-6**)



⁷ casting all your care upon Him, for He cares for you.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

- **"Casting"** – the action of humbling ourselves (**v. 6**)
 - We move from the sphere of trusting in our own strategies for life to trusting in God.

7 casting all your care upon Him, for He cares for you.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

- **"All your care"**
- It is used in both a good sense of "godly concerns," and in a bad sense of "worry, anxiety."

7 casting all your care upon Him, for He cares for you.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

- **"Upon HIM"** – Our life is wholly dependent upon God.
 - Don't worry about life, food or clothing – **Matt. 6:25-27**
 - Trust God – **Matt. 6:28-32**
 - Put God FIRST – **Matt. 6:33-34**

7 casting all your care upon Him, for He cares for you.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

- **"For He cares for you"**
- God is infinitely more capable of caring for me than I am for myself.

7 casting all your care upon Him, for He cares for you.

What Are We To Do With **Burdens?**

Give GOD Our "BURDENS"

God is seeking to move us from the place of self-trust & self-reliance, into greater level of faith and dependence on Him.

What Are We To Do With **Burdens?**

Hear	John 12:48
Believe	John 8:24
Repent	Luke 13:3
Confess	Matt. 10:32
Baptized	Mark 16:16
Faithful	Matt. 24:13